

Lauren Simm - Gordon

Skating Coordinator, Lou & Gib Reese Ice Arena

Quadruple Gold Medalist US Figure Skating, 2x National Medalist, over 10 years of coaching experience. Came to Newark from the Dallas Stars hockey program, where she worked extensively in developing their youth hockey players, as well as providing skating skills coaching to multiple teams within the Dallas Stars Metro Hockey League.

HOW IT WORKS

TO REGISTER:

Go to our website www.lgria.org and go to "login" to create an account. If you already have created an account, you may simply log in.

Once you go to our registration page, you will see the camp and be able to complete registration online.

Please note: You will need to sign the waiver with the registration before your player can attend.





2023 PRE-SEASON HOCKEY

POWER SKATING

WWW.LGRIA.ORG

CAMP DESCRIPTION

Our camp will have an intense focus on educating every player on skating mechanics, proper use of edge to produce power, edge control, speed, and conditioning.

We will breakdown key concepts such as crossovers, edge work, turns, and transitions that are vital to getting your player to the next level.



Space will be limited to 24 participants for each of the camp days offered. We will maintain a waitlist to determine if we expand the class by adding an instructor.

CAMP SESSIONS

Date: Monday, August 7th

Time: 5:45-6:50pm (65 minutes)

Cost: \$50

Who: Mite through Pee Wee (or 8u-

12u)

Date: Sunday, August 20th

Time: 3:30-4:45pm (75 minutes)

Cost: \$60

Who: Mite through PeeWee (or 8u-

12u)

Important Information:

*Full equipment required

*Hockey stick required

*Space is limited





Kristan Hausman

General Manager, Lou & Gib Reese Ice Arena and Skating Director

Graduate of The Ohio State
University, over 20 years coaching
and synchronized skating experience
skated at the collegiate level as an
individual competitor and in
synchronized skating, ISI Gold
Certified Judge and Synchro
Certified Judge. Has been the
Skating Director for the last 7 years
overseeing all aspects of our Learnto-Skate Program.